

REMOTE LEARNING TIPS FOR STUDENT SUCCESS!

MAKE A PLAN

Teachers will prepare your lessons, but take time to create a gameplan for studying at home.



BE PROUD OF YOUR ACHEIVEMENTS

Studying at home isn't easy. Reward yourself for each small victory!



TAKE NOTES

Notes will help you remember lessons as you watch them. It'll also be useful for reviewing later.



DO ONE THING AT A TIME

Finish one lesson before moving to the next. Do one assignment before another. Lessen multitasking.



TAKE A BREAK

Do your work in blocks to lessen the strain. After finishing one lesson, take a five minute break before moving on.



KEEP YOUR ROUTINE

Treat your day as if you're going to school. Get up, take a shower, have breakfast. Start strong, finish strong!



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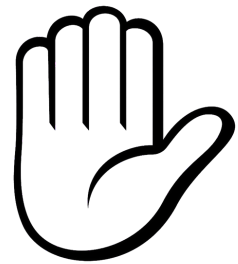
MAKE TIME FOR YOUR MENTAL HEALTH

If you're ever feeling low or sad, take time to do an activity that brings you joy, or connect with a staff or peer to discuss how you're feeling.



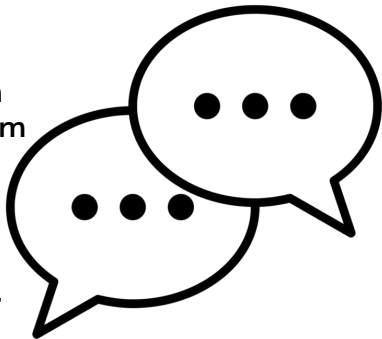
ASK FOR HELP

If you encounter a challenge, don't be afraid to reach out and ask your teachers or staff for help!



STAY OFF SOCIAL MEDIA WHEN LEARNING

Social Media can often distract from a task. Instead, use Social Media as a reward for your hard work when it's time for a break!



VIDEO CHAT WITH YOUR FRIENDS ABOUT CLASS

Like most things in life, learning is better with friends. Connect with classmates about assignments to stay connected and hold each other accountable.



AVOID PROCRASTINATING

Stay on track with your lists and daily schedule to ensure success and reduce stress



HAVE A DEDICATED WORKSPACE

It is important to separate your personal space from your workspace to help you stay focused and do your best work!

